



## Why Should I Attend?

*What you've got .*

*Put it in the pot .*

*Every bit counts, from the largest to the  
least together we can celebrate.*

*(from the children's fable, Stone Soup)*

Each of us has something to contribute that makes our lives richer but also enriches our communities. Our abilities, passions, interests, skills, and desires are based on this.

Join us to discuss, brainstorm, listen, and question all the wonderful ways people create opportunities to contribute and share in their communities. Be inspired to look for ordinary and extraordinary opportunities and then concoct some of your own.

What makes a good life is a lot like making a good soup. A little bit of this and a little bit of that and a lot of love.



*Limited scholarships through  
Massachusetts Developmental  
Disabilities Council Consumer  
Empowerment Funds are available.  
Call: 617-770-7676 Ext. 115  
for more information.*

### Directions to the BU Conference Center

72 Tyng Road  
Tyngsboro, MA 01879

[www.bostonuniversityconferencecenter.com](http://www.bostonuniversityconferencecenter.com)

#### FROM THE NORTH:

Follow Route 3 South to Exit 34 (Westford Road, Tyngsboro). Bear left at exit and drive under bridge onto Westford Road. continue one mile to traffic light; the Merrimack River is straight ahead. Turn right onto route 3A for one mile. Turn right just after the old cemetery onto Tyng Road. The Center is .1 mile on the right.

#### FROM THE SOUTH:

Follow US Highway 3 North to Exit 34 (Westford Road, Tyngsboro). Bear right at exit and continue one mile to traffic light; the Merrimack river is straight ahead. Turn right onto Route 3A for one mile. Turn right just after the old cemetery onto Tyng Road. The Center is .1 mile on the right.

# MFOFC

## Northeast

### Massachusetts Families Organizing For Change

## Stone Soup

### Bringing Together a Community



**Saturday, March 29, 2008**

**8:30 AM—3:15 PM  
Boston University  
Conference Center  
Tyngsboro, MA**

Hosted with assistance from

Department of Mental Retardation  
Northeast Training Council



# Stone Soup

## Conference Overview

8:30 –9:15 AM Registration / Networking  
Continental Breakfast

9:15-10:15 AM Keynote: Tim Piccirillo

Born with Tourettes Syndrome, Tim grew up with jerking his limbs involuntarily, facial tics as well as self-abusive behaviors. Tim graduated from Clarion University of Pennsylvania in 1984 with a B.S. in Habilitative Science. He worked in positions in the mental health/intellectual disability field before becoming the Executive Director of a Center for Independent Living. In 1995 he decided to share his experiences and knowledge to help others fulfill their dreams. Tim travels across the country motivating and inspiring audiences through his use of comedy and magic. He lives what he teaches and believes in the power of **EVERY-ONE'S** potential.

10:15-10:30 AM Break  
Visit Community Flavor\*

10:30-12:00 PM Morning Sessions

12:00 -1:00 PM Lunch  
Visit Community Flavor

1:00 - 2:30 PM Afternoon Sessions

2:30-3:30 PM Closing Remarks and  
Evaluations ~Raffle~

\* Community Flavor is Stone Soups version of exhibit tables featuring various offerings throughout the general community.

### Morning Sessions 10:30 AM to 12:00 PM

#### 1. Creating Our Own Unique Recipe

Cooking up your soup requires knowing what ingredients are essential. Replace the fear of the future with faith in the future, by having a clear vision. Presenters: Chris & Laurel Peltier

#### 2. Gathering the Ingredients

Leave no stone unturned in making connections with those around you. In this very interactive session, learn to seek out and utilize the contributions of others. Presenter: Lynn Williams Tonkin

#### 3. Collector of Bedford Street

Academy Award nominated film follows Larry Selman, a community activist and fundraiser with developmental disabilities. Join us for an delicious discussion on how communities build understanding and how individuals truly belong. Facilitator: Cynthia Levine

#### 4. Soup D' Jour - Panel 1

A diverse panel of self-advocates will discuss their personal recipe to creating enviable lives.

Facilitator Evelyn Hausslein

### Afternoon Sessions 1:00 PM to 2:30 PM

#### 5. Adding the Spice

Come learn a variety of ways that people with disabilities can participate fully in their communities. The utilization and enhancement of natural supports, volunteers and paid help will be explored as well as information on how to find them. Support and transportation issues will be discussed. Presenter: Pat Pakos

#### 6. Is it Soup yet?

Making it happen with a little of this and a little of that. Moving from a vision to a rich and fulfilling life. One families list of ingredients. Presenters: Lou & Emily Nisenbaum and their daughter Amy Recupero

#### 7. Soup, Stew, Chowda'

Join us for an interactive, brainstorming workshop on creating ways to utilize and engage a community. All kinds of activities and options will be shared. Leave with a big bowl of ideas. Presenter: Christine Shane

#### 8. Serving it Up - Panel 2

A diverse panel of self-advocates will discuss their personal recipe to creating enviable lives. Facilitator Evelyn Hausslein

Registration Deadline is **March 20, 2008**

**SPACE IS LIMITED** – register as soon as possible!

Name

Address

City / Zip

Telephone

Email

AM Session: First Choice \_\_\_\_\_ Second Choice \_\_\_\_\_

PM Session: First Choice \_\_\_\_\_ Second Choice \_\_\_\_\_

Mail this form with \$50.00 registration fee to:

**MFOFC** - 16 Warwick Rd. - Melrose, MA 02176

To receive confirmation of your registration, you must provide your telephone number, OR if you have email, please indicate so that we may contact you sooner.

**If special accommodations are needed, please indicate, and RSVP no later than March 1:**